



GlamourTravels

*Exclusive Tours*

## *LEISURE, WELLNESS AND FOOD EXPERIENCE IN TUSCANY*

*An elegant and relaxing tour in the Cities of the Italian Renaissance*

*(Prices on request for group or single)*

### *1° Day -Milan*

Arrival in **Milan** and transfer to the Universal Exhibition EXPO 2015 for a guided private tour through a unique journey that looks at the complex theme of nutrition.

At the end of the visit, transfer to a 5 stars hotel located in the hearth of the city with a stop to see the magnificent Cathedral "Duomo" and time for shopping at fashion district of via Montenapoleone.

Afterwards, dinner at a trendy fashion Restaurant downtown to live a gourmand experience of Mediterranean cuisine.

Overnight



## *2° day: Milan – Serravalle Outlet – Salice Terme Golf & Country*

Transfer to Serravalle Outlet, to buy beautiful presents for you and for your friends at home.

Salice Terme Golf & Country is situated in an beautiful and delightful area south of Milan. The resort has a golf field with nine holes, three outdoor swimming pools and a wellness center where to relax after a day playing golf.

After dinner you can enjoy some drinks at the bar.

Overnight at Relais Villa Pomela Hotel.



## *3° day : Versilia - Grotta Giusti Resort and Spa*

A journey to Grotta Giusti Spa in Toscana is 280 km long, on the way you can admire the beautiful west coastline and the wonderful mountain scenery. A lunch in Versilia to a gourmand restaurant in Forte dei Marmi and a visit of the city. In the afternoon, arrived at Grotta Giusti Resort, guests can enjoy the Spa or the special Sauna in the cave or dive.



Grotta Giusti Resort



Grotta Giusti

## *4° day: Grotta Giusti Spa*

Grotta Giusti Spa is in Pistoia, Tuscany, near the famous Montecatini Terme, typical because of its hot springs. The water combined with a 34.5° sauna are good for the body and give you a comfortable sensation. The resort has also a swimming pool of 750 sq.m. for hydrotherapy; specialized doctors assist you giving advices for your health.

In the morning, transfer to Montecatini Golf Club to play golf in a field with 18 holes.

In the afternoon, return to Grotta Giusti Resort where guests can relax at the Spa or at the swimming pool.

After dinner, overnight at the hotel.



Grotta Giusti Sauna

Grotta Giusti Swimming pool

## *5° day : Florence and Chianti Wineyards*

After having experienced Tuscany health spa, transfer to the birthplace of the Renaissance, Florence. This city gave rise to the biggest painters, writers, poets, artists, sculptors, architects, scientists, philosophers ..... In the past, this was the most dynamic place of the Peninsula for handicraft, and the first place in the world where appeared the seeds of capitalism and modern banking was born. Today, Florence still plays an important role in Italy, for its traditional handicraft, leather products, jewelry, embroidery etc.

A tour at Florence Cathedral, Giotto's Campanile, Basilica di Santa Croce, Piazza di San Lorenzo and other famous wonderful spots. In museums and in art galleries visitors can admire the work of great artists that lived in this city.

In the afternoon a visit to the winery land of Chianti to enjoy and taste the exclusive Brunello and Sassicaia wines.

Later transfer to another famous Thermal Resort Spa, Saturnia.

After dinner, overnight at the hotel.



Florence Cathedral



Old bridge Florence



Florence

## *6° day: Saturnia Terme and Spa*

Saturnia is a spa town in Tuscany that has been inhabited since ancient times. The springs that feed the baths, which are found in the south-eastern valley, cover a vast territory. The sulphurous spring water, at a temperature of 37.5 °C, are well known for their therapeutic properties, offering relaxation and well being through immersion. The resort has also a eighteen holes golf field. Guests can decide to play golf in the morning, and relax in the wellness center during the afternoon.

After dinner, overnight at the hotel.



Saturnia Spa



Saturnia Spa

## *7° day: SIENA and the Tuscan Hills*

Morning visit to a prestigious olive oil and wine producing estate **Fattorie di Felsina**, a half hour beautiful drive from the hotel. You'll see how the olive oil making process takes place, which is truly fascinating. An **olive oil tasting** will be given for you and each guest will receive a gift bottle of this famed olive oil (one of the best in Italy). Transfer from olive groves to the historic center of Siena, one of the noblest cities in Italy. The gorgeous 14th cent. main square, called the "Campo", is where the historic "Palio" races are held. You'll receive a walking tour of the old town and have free time for shopping, or gallery hopping. Highlights include the 12th cent. Gothic Cathedral (one of the most exceptional in Italy, with dazzling black and white marble) and the **Pinacoteca Nazionale, Siena's best art museum**, housed

in a 15th century palace. After your little stretch, continue on to the marvellously preserved town of **San Gimignano**, dubbed the "Medieval Manhattan" for its soaring stone towers. Enjoy lunch on your own at any one of San Gimignano traditional cafes or mama and papa run "trattorie", before continuing your Tuscan adventure.

**Borgo La Bagnaia**, just twelve kilometers south west of Siena, where nature and history meet in perfect harmony. Itinerant Wine tasting in the secret rooms of the Borgo. The challenge will be held by the Sommelier who will introduce a contest about the history, practical blind tasting and funny tricks. Gourmand dinner at the medieval **Convent San Bartolomeo**.

A story connected to the Patriarch St. Francesco from Assisi...The Convent is an authentic and historical venue, surrounded by the cozy silence of the woods and faces the beautiful landscapes of the Paglia valley. Overnight at Borgo La Bagnaia.



## *8° Day: Siena- Florence - Milan*

From Siena by car back to Florence and by private car or by train FRECCIAROSSA to Milan. End of tour.